VAPING 101: VAPING FACTS



Most e-cigarettes **CONTAIN NICOTINE**,

the same highly addictive chemical in traditional cigarettes.

About ONE IN TEN HIGH SCHOOLERS

currently use e-cigarettes.





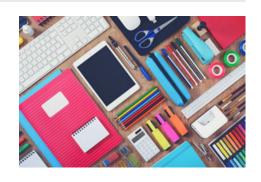
TEENS ARE MORE SUSCEPTIBLE TO NICOTINE ADDICTION than adults because their

brains are still developing.

Many e-cigarettes used by teens are

SHAPED LIKE USB FLASH DRIVES, PENS, OR EVEN WATCHES, which makes them easy for students to

hide at school.





Despite what some kids think, vaping is not safe. In fact, vapes can

contain AS MUCH NICOTINE AS A WHOLE PACK OF CIGARETTES.

Teens who vape are more likely to start

SMOKING CIGARETTES.



Some e-cigarette aerosols can contain chemicals, such as

FORMALDEHYDE, as well as the drug
NICOTINE, which can harm your brain and cause
addiction.

